WEEKLY CLASS SCHEDULE

MONDAY

9 AM | MEDITATION
4 PM | MINDFUL CONNECTION

TUESDAY

9 AM | WELLNESS WITH HORSES 6 PM | MINDFUL CONNECTION

WEDNESDAY

12 PM | MINDFUL CONNECTION
6 PM | MEDITATION

THURSDAY

4 PM | WELLNESS WITH HORSES

FRIDAY

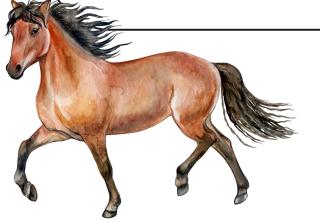
12 PM | WELLNESS WITH HORSES

SATURDAY

9 AM | WELLNESS WITH HORSES

SUNDAY

9 AM | MINDFUL CONNECTION





Scan to Register