



October Schedule

Mindful Connection

Date	Time
Saturday, October 3	9:00 - 10:00 am
Monday, October 5	12:00 - 1:00 pm
Saturday, October 10	9:00 - 10:00 am
Saturday, October 17	9:00 - 10:00 am
Monday, October 19	12:00 - 1:00 pm
Saturday, October 24	9:00 - 10:00 am

Wellness with Horses

Date	Time
Friday, October 2	12:00 - 1:00 pm
Wednesday, October 7	9:00 - 10:00 am
Wednesday, October 21	9:00 - 10:00 am
Friday, October 30	12:00 - 1:00 pm

Meditation

Date	Time
Sunday, October 4	9:00 - 9:45 am
Sunday, October 11	9:00 - 9:45 am
Sunday, October 18	9:00 - 9:45 am
Sunday, October 25	9:00 - 9:45 am

Open Farm

Date	Time
Sunday, October 4	10:00 - 11:00 am

Group Reiki

Date	Time
Sunday, October 11	10:00 - 11:00 am

Yoga

Date	Time
NO YOGA THIS MONTH	

Creative Corner

Sunday, October 25	10:00 - 11:00 am
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Practitioner Pathway

Date	Time
October 16 -18 Certification training for CEILP students	

Workshop

Date	Time
Saturday, October 24 "Letters to the Fire: Full Moon Workshop" 5:30 - 7:30 pm	

